

# Alexandria Figure Skating Club - PROFESSIONAL COACHES

## Available for Private Lessons 2020-2021 Season

Contact the pro of your choice. Please remember that the contract you make with a coach is of your own choice. If you choose to change coaches, you must notify your current/previous coach before contracting with a new one.

### KELLY WHITE

Skating Background:  
Teaching Experience:  
Member:  
Private Lesson Rate:  
Available for:

320-310-7204 [kopacabana99@gmail.com](mailto:kopacabana99@gmail.com)

Juvenile Moves, Juvenile Freeskate, & 2<sup>nd</sup> Figure  
20 years  
AFSC, USFS, PSA  
\$12/15 min.  
Learn to Skate, Moves, Freeskate, & Choreography

### TESSA DUTCHER

Skating Background:  
Teaching Experience:  
Member:  
Private Lesson Rate  
Available for:

320-460-0462 [tess0031@yahoo.com](mailto:tess0031@yahoo.com)

PreJuvenile Moves, PreJuvenile Freeskate  
8 years  
AFSC, USFS, PSA  
\$10/15 min.  
Learn to Skate, Moves, Freeskate, & Hockey Skills

### REBECCA ZWONITZER 763-213-6413 [zwoni002@d.umn.edu](mailto:zwoni002@d.umn.edu)

Skating Background:  
Teaching Experience:  
Member:  
Private Lesson Rate:  
Available for:

Prejuvenile Moves, PreJuvenile Freeskate  
10 years  
AFSC, USFS  
\$10/15 min.  
Learn to Skate, Moves, & Freeskate

### LISA OLSON

Skating Background:  
Teaching Experience:  
Member:  
Private Lesson Rate:  
Available for:

763-234-8721 [cuttingedgealex@gmail.com](mailto:cuttingedgealex@gmail.com)

Novice Moves, Juvenile Freeskate  
7 years  
AFSC, USFS, PSA  
\$10/15 min.  
Learn to Skate, Moves, Freeskate, Hockey Skills, Off Ice Training

### TARRA GARIN

Skating Background:  
Teaching Experience:  
Member:  
Private Lesson Rate:  
Available for:

320-310-2762 [trta0601@gmail.com](mailto:trta0601@gmail.com)

PreJuvenile Moves, PreJuvenile Freeskate  
8 years  
AFSC, USFS  
\$10/15 min.  
Learn to Skate night of classes only

### WHITNEY OLSON

Skating Background:  
Teaching Experience:  
Member:  
Private Lesson Rate:  
Available for:

320-491-5248 [whitney.olson@ndsu.edu](mailto:whitney.olson@ndsu.edu)

PreJuvenile Moves, PreJuvenile Freeskate  
5 years  
AFSC, USFS  
\$8/15 min.  
Learn to Skate

### ANALEA SHEETS

Skating Background:  
Teaching Experience:  
Member:  
Private Lesson Rate:  
Available for:

320-219-8355 [analearsheets@gmail.com](mailto:analearsheets@gmail.com)

Intermediate Moves, Juvenile Freeskate  
3 years  
AFSC, USFS  
\$7/15 min. Snowplow Sam up to No Test \$9/15 for PrePreliminary and up.  
Learn to Skate

### BOB VRAA

Teaching Experience:  
Member:  
Private Lesson Rate:  
Available for:

320-815-2311 [vraar@centracare.com](mailto:vraar@centracare.com)

30 years  
AFSC, USFS  
Varies for hockey/figure skating/off ice training  
Learn to Skate, Freeskate, & Hockey Skills

**KAREN HOWLAND JONES 702-683-6018 [sk8angelgolf@gmail.com](mailto:sk8angelgolf@gmail.com)**

**Skating Background:** Master Rated in Freeskate, Figures, Group, Program Director, Senior Rated in Dance Hockey Skating; 1960 US Junior Champion, 1963 US Senior Bronze Ladies Medalist 1963 World Team Member, 1961 US North American Team Member  
**Teaching Experience:** Senior Levels (Gold) in Freeskate, Figures, Dance, Free Dance  
**Member:** 50+ years Coached International and National Skaters  
**Private Lesson Rate:** AFSC, LVFSC, USFS  
**Available for:** \$15/15 MIN.  
Freeskate, Moves, Hockey Skills, Learn to Skate, Dance

**ABBY BLANK**

**Skating Background:** 320-815-7539 [blank.abby@yahoo.com](mailto:blank.abby@yahoo.com)  
Preliminary Moves, Preliminary Freeskate  
**Teaching Experience:** 3 years  
**Member:** AFSC, USFS  
**Private Lesson Rate:** \$8/15 min.  
**Available for:** Learn to Skate

**LEXI DIRKES**

**Skating Background:** 320-429-5676 [ldirkes1121@gmail.com](mailto:ldirkes1121@gmail.com)  
Juvenile Moves, PreJuvenile Freeskate  
**Teaching Experience:** 4 years  
**Private Lesson Rate:** \$9/15 min.  
**Available for:** Learn to Skate

**ASSOCIATE COACH**

**DEBBIE TIMM**

**Skating Background:** 320-249-1388 [mdjmtimm@charter.net](mailto:mdjmtimm@charter.net)  
5<sup>th</sup> Figure, Junior Freeskate  
**Teaching Experience:** 38 years  
**Member:** WWFSC, USFS, PSA  
**Private Lesson Rate:** \$10/15 min.  
**Available for:** Learn to Skate, Moves, & Freeskate

**STUDENT COACHES:**

**DUCLE BAKKER** MOM'S EMAIL: [mtbakker1@gmail.com](mailto:mtbakker1@gmail.com) Mary Bakker

**ABIGAIL NELSON** MOM'S EMAIL: [srnelson80@ymail.com](mailto:srnelson80@ymail.com) Stephanie Nelson

**SADIE BLANCHETTE** MOM'S EMAIL: [blanchette8080@gmail.com](mailto:blanchette8080@gmail.com) Jessie Blanchette

Please note, you have to go thru the parent's emails to contact the student coach. This is a safesport policy thru US Figure Skating. So when you call, just let them know that you are looking to see if so and so is available to coach your daughters on say, Thursday, 6:15-7:15.

They are only charging \$20/hour at this time, so \$5/15 min.