

# Alexandria Figure Skating Club - PROFESSIONAL COACHES

## Available for Private Lessons 2022-2023 Season

Contact the pro of your choice. Please remember that the contract you make with a coach is of your own choice. If you choose to change or add coaches, you must notify your current/previous coach before contracting with a new one. All balances must be paid with previous coach before switching.

### TESSA DUTCHER

320-460-0462    tess0031@yahoo.com  
Skating Background: PreJuvenile Moves, PreJuvenile Freeskate  
Teaching Experience: 9 years  
Member: AFSC, USFS, PSA  
Private Lesson Rate: \$10/15 min.  
Available for: Learn to Skate, Moves, Freeskate, & Hockey Skills

### REBECCA ZWONITZER 763-213-6413    rjzwony@gmail.com

Skating Background: PreJuvenile Moves, PreJuvenile Freeskate  
Teaching Experience: 11 years  
Member: AFSC, USFS  
Private Lesson Rate: \$12/15 min.  
Available for: Learn to Skate, Moves, & Freeskate

### LISA OLSON 763-234-8721    lisa@cuttingedgealex.com

Skating Background: Novice Moves, Juvenile Freeskate  
Teaching Experience: 8 years  
Member: AFSC, USFS, PSA  
Private Lesson Rate: \$12/15 min.  
Available for: Learn to Skate, Moves, Freeskate, Hockey Skills, Off Ice Training

### TARRA GARIN 320-310-2762    trta0601@gmail.com

Skating Background: PreJuvenile Moves, PreJuvenile Freeskate  
Teaching Experience: 9 years  
Member: AFSC, USFS  
Private Lesson Rate: \$12/15 min.  
Available for: Learn to Skate night of classes only

### WHITNEY OLSON 320-491-5248    whitney.olson1@outlook.com

Skating Background: PreJuvenile Moves, PreJuvenile Freeskate  
Teaching Experience: 6 years  
Member: AFSC, USFS  
Private Lesson Rate: \$10/15 min.  
Available for: Learn to Skate

### ANALEA SHEETS 320-219-8355    analeasheets@gmail.com

Skating Background: Intermediate Moves, Juvenile Freeskate  
Teaching Experience: 4 years  
Member: AFSC, USFS  
Private Lesson Rate: \$10/15 min.  
Available for: Learn to Skate, Moves, Freeskate, Hockey Skills

### BOB VRAA 320-815-2311    vraar@centracare.com

Teaching Experience: 30 years  
Member: AFSC, USFS  
Private Lesson Rate: Varies for hockey/figure skating/off ice training  
Available for: Learn to Skate, Freeskate, & Hockey Skills

**KAREN HOWLAND JONES 702-683-6018 sk8angelgolf@gmail.com**

**Skating Background:** Master Rated in Freeskate, Figures, Group, Program Director, Senior Rated in Dance Hockey Skating; 1960 US Junior Champion, 1963 US Senior Bronze Ladies Medalist  
1963 World Team Member, 1961 US North American Team Member  
Senior Levels (Gold) in Freeskate, Figures, Dance, Free Dance  
**Teaching Experience:** 50+ years Coached International and National Skaters  
**Member:** AFSC, LVFSC, USFS  
**Private Lesson Rate:** \$20/15 min.  
**Available for:** Freeskate, Moves, Hockey Skills, Learn to Skate, Dance

**LEXI DIRKES**

**320-429-5676 ldirkes1121@gmail.com**

**Skating Background:** PreJuvenile Moves, PreJuvenile Freeskate  
**Teaching Experience:** 5 years  
**Private Lesson Rate:** \$9/15 min.  
**Available for:** Learn to Skate

**ASSOCIATE COACH**

**DEBBIE TIMM**

**320-249-1388 Debsk8timm@charter.net**

**Skating Background:** 5<sup>th</sup> Figure, Junior Freeskate  
**Teaching Experience:** 39 years  
**Member:** WWFSC, USFS, PSA  
**Private Lesson Rate:** \$12/15 min.  
**Available for:** Learn to Skate, Moves, & Freeskate

**STUDENT COACHES:**

**ABIGAIL NELSON MOM'S EMAIL: srnelson80@ymail.com Stephanie Nelson**

**GRACE REINKE MOM'S EMAIL: angiereinke@yahoo.com Angie Reinke**

**Please note, you will need to go thru the parents' emails to contact the student coach. This is a safesport policy thru US Figure Skating. When you call, just let them know that you are looking to see if the student coach is available to coach your skater. And then ask if you can connect with them.**